



South West  
Haemoglobinopathy  
Coordinating Centre

# Adult patient support group

For people living with haemoglobinopathies  
and rare inherited anaemias in the South West  
of England

**Purpose of the group:** The support group is a chance to come together to share your experiences of living with sickle cell or thalassemia with others who also live with these conditions. We also invite guest speakers to talk about topics suggested by the group. The sessions are for facilitated peer support, not group therapy.

**Who will facilitate the sessions?:**

The group will be facilitated by clinical staff from the UHBW Haemoglobinopathy Service. This will normally be one of the Clinical Nurse Specialists, our Patient Support Worker and/or the Clinical Psychologist.



**First Wednesday of the month  
12-1pm via MS Teams**

**Scan the QR  
code to contact  
us and register  
your interest.**

